

# XII Apostles' LTP Overview

Long Term Plan Overview

Year: 2022/23

Subject: PSHE

Curriculum Team: 3

- Key**
- Scarf objectives
  - No outsiders objectives
  - Journey in love objectives
  - Objectives linked to dental hygiene
  - Objectives linked to smoking



	Autumn 1 Me and my relationships	Autumn 2 Valuing Difference	Spring 1 Keeping myself safe	Spring 2 Rights and Responsibilities	Summer 1 Being My Best	Summer 2 Growing and changing (Carefully delivered through a Catholic Lens)
Rec	Talk about why we are each special, feelings, families and who can help To say what I think You Choose by Nick Sharratt and Pippa Goodhart JIL:Physical:To explore the wonder of being special and unique Social and Emotional: to recognise the joy of being a special person in my family	Similarities and differences in families and homes To understand that its ok to like different things Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt JIL:PhysicalTo recognise that we are all different and Unique	Medicines, feelings and people who keep us saf To make friends with someone different Blue Chamelon By Emily Gravett	Looking after myself, my classroom, home and money To understand that all families are different The Family Book by Todd Parr	Looking after my body: Exercise, healthy food and a good night's sleep. Importance of brushing teeth To understand that all families are different The Family Book by Todd Parr	Seasons, life cycle of plants and humans  To celebrate my family Mommy Mama and Me by Leslea Newman and Carol Thompson JIL: Spiritual To celebrate the joy of being a special person in God's family
Year 1	Classroom rules, feelings and friendships  JIL Social and Emotional: To recognise signs that I am loved in my family	Appreciate differences in others Know difference between teasing, unkindness and bullying To like the way I am Elmer by David McKee	How medicines can make us feel better Importance of sleep, people who can help us To play with boys and girls Ten Little Pirates by Mike Brownlow and Simon Rickerty JIL Physical: to recognise how I am cared for and kept safe in my family	Recognise the importance of regular hygiene routines Looking after the school environment Where money comes from First aid : Head injury To recognise that people are different ages My Grandpa is amazing by Nick Butterworth	Eat well plate, 5 a day How to prevent the spread disease, Overcoming challenges resolving conflicts and positive feedback To understand that our bodies work in different ways Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith JIL - Spiritual: to celebrate ways the God loves and cares for us	Taking care of a baby Baby, toddler, now Differences between teasing and bullying Surprises and secrets Keeping privates private To understand that we share the world with lots of people My world, your world by Melanie Walsh
Year 2	Classroom rules Understand the difference between bullying and teasing To understand what diversity is The Great Big Book of Families by Mary Hoffman and Ros Asquith JIL:Social and emotional To recognise the joy and friendship of belonging to a diverse community	How do we make other's feel? Being left out  To be able to work with everyone in class Book: Blown Away	Keeping myself safe Examples of things we can do to feel better without medicines Saying 'no', safe secrets JIL:Physical:To describe ways of being safe in communities	Choices around behaviour Choices around money Keeping online information private To understand what makes someone feel proud The Odd Egg by Emily Gravett	Learning line Healthy and unhealthy choices Handwashing, vaccines Describe good dental hygiene Energy, exercise and sleep To feel proud of being different Just Because by Rebecca Elliott JIL:Spiritual To celebrate ways of meeting God's love in our communities	Positive feedback Identify feelings of loss and being reunited People who can help in school or community Looking after the environment Respecting Privacy First Aid : Broken bones To understand how we share the world The First Slodge by Jeanne Willis
Year 3	Dealing with loss Resolving conflict Looking after special people, To understand what discrimination means This is our house by Michael Rosen	Recognise that repeated name calling is a form of bullying Celebrating differences in communities and neighbours. Understand what is meant by	Identify strategies for assessing risk Identify some risks from cigarettes and alcohol Understand that medicines are 'drugs'	Volunteers, Who helps to keep us safe and healthy Understand 'income' 'earnings' and 'spending' To find a solution to a problem	Explain how the eatwell plate benefits the body Reducing the risk of spreading infectious diseases Empathise with different view points Talents	Personal Space Safe and unsafe secrets Key risks from cigarettes and alcohol Understand that medicines are drugs



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	<p><b>JIL: Social and Emotional</b> To describe and give reasons how friendships make us feel happy and safe</p>	<p>'adoption', 'fostering' and 'same-sex relationships' To understand how difference can affect someone Oliver by Birgitta Sif</p>		<p>Two Monsters by David McKee <b>JIL: Physical</b> To describe why friendships can break down, how they can be repaired and strengthened</p>	<p>To use strategies to help someone who feels different The Hueys in the New Jumper by Oliver Jeffers <b>JIL: Spiritual</b> To celebrate the joy and happiness of living in friendship with God and others</p>	<p><b>First Aid: Burns and bleeding</b> To be welcoming Beegu by Alexis Deacon</p>
<b>Year 4</b>	<p>Strategies to deal with bullying What makes a positive, healthy relationship Teamwork and collaboration To know when to be assertive <b>Dogs Don't Do Ballet: Anna Kemp</b>  <b>JIL: Social and Emotional</b> To describe how we all should be accepted and respected</p>	<p>Understand the terms 'negotiate' and 'difference' Recognise different relationship types To understand why people choose to get married (teach with a catholic lens) King and King</p>	<p>Understand the terms 'risk' and 'hazard' Explain safety issues for medicines <b>Understand some of the key risks of cigarettes and alcohol</b> To overcome language as a barrier The Way Back Home: Oliver Jeffers <b>JIL: Physical</b> To describe how we should treat others making links with the diverse modern society we live in.</p>	<p>Being 'responsible' Reasons for rules Media influence Understand 'income' and 'expenditure', 'VAT', 'income tax' and 'National Insurance' To ask questions The Flower</p>	<p>Being unique making own choices Plan a healthy menu based on the eatwell plate 7 R's School Community <b>First Aid: Asthma Attacks</b></p>	<p>Moving house Recognise how secrets and surprises might make them feel Negotiation and compromise <b>First Aid: unresponsive and breathing, unresponsive and not breathing</b> To be who you want to be <b>Red: A Crayon's Story: Michael Hall</b> <b>JIL: Spiritual</b> To celebrate the uniqueness and innate beauty of each of us</p>
<b>Year 5</b>	<p>Identify what makes a relationship unhealthy Friendships Assertiveness, collaboration, online communication To learn from our past Where the poppies now Grow: Hilary Robinson <b>JIL: Social and Emotional</b> To show knowledge and understanding of emotional relationship changes as we grow and develop</p>	<p>Describe key qualities on friendship, how to make them last and why they sometimes end. Discrimination, injustice and racism Benefits of living in a diverse society To justify my actions Rose Blanch: Christophe Gallaz and Roberto Innocenti</p>	<p><b>Explain what a habit is (link to smoking)</b> Positive and negative risks Strategies to deal with face to face and online bullying Understand that not all medicines are drugs To recognise when someone needs help <b>How to Heal a Broken Wing: Bob Graham</b> <b>JIL: Physical</b> To show knowledge and understanding of the physical changes in puberty</p>	<p>Difference between fact and opinion Current media health issues Difference between rights, responsibilities and duties Community groups Spending wisely (loans, debts, interest and credit) Local elections To appreciate artistic freedom The Artist who painted a Blue Horse: Eric Carle</p>	<p><b>Know two harmful effects of drinking alcohol or smoking cigarettes</b> Internal organs, Strengths and talents Improving the school community Star Qualities <b>First Aid: Sepsis</b> To accept people who are different from me And Tango Makes Three: Justin Richardson and Peter Parnell</p>	<p>Resilience Inappropriate touch Impact of actions Identify situations when someone may need to break a confidence Stereotypes including gender expression <b>JIL: Spiritual: To celebrate the joy of growing physically and spiritually</b></p>
<b>Year 6</b>	<p>Negotiations, compromise, solving friendship problems To promote diversity My Princess Boy by Cheryl Kilodavis and Suzanne DeSimone</p>	<p>Suggest strategies of dealing with bullying as a bystander Understand 'prejudice' and 'mutual respect' To stand up to discrimination The Whisperer By Nick Butterworth</p>	<p><b>Addiction and smoking</b> <b>Different categories of drugs and the law</b> Alcohol norms and consumption To challenge the causes of racism <b>The Island:</b> Armin Greder</p>	<p>Explain difference between 'fact', 'opinion', 'biased' and 'unbiased', Money: Different ways of saving, jobs and taxes. Democracy: elections and laws Sustainability of the environment Purpose of a community /voluntary group To consider how my life may change as I grow up <b>Love you Forever:</b></p>	<p>5 ways to well being project Present information about a current health issue Aspirational goals Assessing risks <b>JIL: Social and emotional, Physical and Spiritual</b> To develop a secure understanding of what stable, caring relationships are and the different kinds there might be.</p>	<p>Managing change Identify qualities people have as well as their looks Recognise media influence on stereotypes HIV FGM To recognise my freedom Dreams of Freedom by Amnesty International</p>

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