

LEIGH XII APOSTLES' RC PRIMARY SCHOOL
NEL PAN LANE, LEIGH, WN7 5JS

HEADTEACHER: MRS S. M. NEWTON BA Hons QTS
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24th March 2021

Dear Parent/Carer

Re: Year 5 Girls Preparing for Puberty Lesson

As part of our statutory obligation to deliver Relationships Education and Health Education progressively throughout the school, we will be inviting experienced staff from an outside agency, HH Kids, to deliver the above lesson to our Year 5 girls. The staff who deliver the lesson have worked within the field for many years and are highly skilled in their delivery. If you wish to find out more information about this agency, please view their website at www.hhkids.co.uk

School will review the lesson content and resources to ensure they are age appropriate and meet the needs of our pupils.

The lesson will be delivered on **5th May, 2021** and will cover:

- When and how puberty starts
- Some of the physical body changes as girls approach puberty
- The menstrual cycle and the products available
- Different feelings as young people go through puberty and how to deal with them positively

This will provide a basic introduction to this topic, as it will be covered in greater detail when your child is in Year 6. Delivering this content ensures we are fulfilling the legal requirements set out in the Department for Education statutory guidance 2020, which outlines our duty to deliver key facts about puberty and the changing adolescent body.

If you would like to discuss any of the above, please do not hesitate to contact me.

Yours faithfully

Mrs S Newton

Headteacher



Through learning and loving we will follow Jesus.