

# XII Apostles RCPS

## Physical Education Policy



Mr J Ahmed Subject Leader

May 2024

Date Approved by the Governing body;

(Chair): \_\_\_\_\_

(Headteacher):



## **XII Apostles Physical Education Policy**

Our school's Mission Statement says

'Through Learning and Loving we will follow Jesus'

- To place Christ at the centre of everything we do
- To recognise that each child is unique and to ensure that each child is educated to fulfil their human potential
- To develop an understanding of Community; being able to recognise, respect and celebrate the diversity of all within it.

Our school's Mission Statement affirms those beliefs and helps us to keep these beliefs as the basis for everything we do and gives us the purpose for all our work in Twelve Apostles.

Everyone will matter and be treated with love and will be helped to carry out their special role in God's World. In order for every child to fulfil their potential we ensure they experience a broad, balanced and engaging PE curriculum that is accessible to all.

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### 1. Introduction

At Twelve Apostles Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). PE should provide opportunities for all pupils to become physically literate and confident in a way, which also supports their health and fitness. Children should acquire both the declarative and procedural knowledge about motor competences, rules, tactics and strategies and healthy participation and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

### 2. Legal Framework

This policy has due regard to statutory framework including, but not limited to, the following:

- The Education Act 2002
- The Children Act 2004
- The Equality Act 2010
- DfE (2017) 'Special educational needs and disability code of practice: 0 to 25 years'
- DfE (2013) 'The national curriculum in England'
- DfE (2017) 'Statutory framework for the early years foundation stage'
- Ofsted (2019) 'School inspection handbook'

This policy operates in conjunction with the following school policies:

- Teaching and Learning Policy
- Behavioural Policy

### 3. Aims – (Intent, Implementation and Impact)

#### Intent

We aim to deliver high-quality teaching and learning opportunities that enables all children to achieve their personal best. We aim for all children to be physically active for sustained periods and be able to make informed decisions to lead healthy and active lives. We aim to give children, who would not otherwise, the opportunity to participate in a range of sports and healthy activities and become physically confident in a way, which supports their health and fitness now and for their future. We aim for children to be aspirational and have high expectations of themselves, and to be ambitious for their sporting future.

Through our School Sports Values, we encourage our children to learn, through sport, how to win graciously, lose with courage and never give up. Opportunities throughout the whole

curriculum are used to ensure the children develop a healthy image of themselves as individuals and to recognise the unique beauty in everyone as God created them. Swimming is an important life skill; we aspire for all children to leave primary school being able to swim at least 25 metres.

### **Curriculum Implementation**

We use the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document. We utilise the PE scheme iPEP to support and plan our own scheme of work, which ensures progression. The sports coach and PE lead plan out the LTP so that the children show progression of sporting skills, declarative and procedural knowledge of motor competence, rules, tactics and strategies and healthy participation. The sports coach uses the MTPs from the scheme to plan out his weekly session and his own MTP for each year group. Teachers assess pupils at the end of each half term to ensure progress and end of key stage expectations are met by all children. The sports coach uses the Key Performance Indicators at the end of the autumn term and summer term to highlight pupil progression and achievement of year group outcomes.

- We have a full, rich and varied curriculum, which is enhanced by extra-curricular clubs and activities that are inclusive, enjoyable and increase children's physical activity.

- Children participate in high-quality PE lessons with the majority being delivered by a specialist sports coach/teacher.

- All classes follow the PE overview to ensure children participate in a variety of sports and there is a progression of skills.

- Children participate in a variety of competitive sports. Children attend sports festivals for Key Stage 1 and 2.

- We track the non-participants each term and offer these children additional opportunities during lunchtime clubs.

- Children attend swimming lessons in Years 3 and those that need additional lessons in Year 6.

- Our whole-school Sports day includes lots of intra-school competition.

- All children participate in sport and enjoy all it has to offer without any costs to families.

Children from Reception to Year 6 have at least one, one hour, lesson of PE a week during curriculum time. In addition to this, classes have a second PE lesson where possible usually during the warmer weather and two classes having a swimming lesson once a week for a half of the year.

### **Activities taught at Twelve Apostles Primary School**

- Striking and Fielding (Cricket, Rounders)
- Dance
- Gymnastics
- Fundamental Movement Skills
- Invasion Games (Rugby, Football, Basketball, Netball, Bench Ball, Hockey, Volleyball, Flag football)
- Outdoor and Adventurous Activities
- Athletics

### **Impact**

Our pupils are physically active, and this has positive implications on their learning in the classroom. All children are provided with the knowledge and skills and are given opportunities to demonstrate improvement to achieve their personal best. Children understand how to lead a healthy lifestyle and understand the importance of exercise. All children enjoy PE lessons and develop a love of sport, and physical activity, they pursue sport outside of school and learn the importance for future life outside of primary school. All pupils understand the values and importance of fair play and being a good sportsperson. The school aims to ensure that all pupils leave school with the skills to self-rescue in the water and swim 25 metres competently.

### **4.Roles and responsibilities (including monitoring & evaluation)**

The SLT and Governing body are responsible for approving and monitoring this policy.

Subject Leaders responsibilities include:

- Providing strategic leadership and direction for your subject
- Producing LTP
- Reporting termly to Governors on standards in this subject
- Supporting and offering advice to colleagues on issues relating to the subject or curriculum area
- Monitoring pupil progress in your subject and reporting to SLT.
- Providing efficient resource management.
- Ensuring the curriculum is inclusive and accessible to all
- Assisting teachers with the planning and implementation of the curriculum, ensuring their workload is manageable
- Ensuring the curriculum is implemented consistently throughout the school and ensuring any difficulties are addressed and mitigated as soon as possible
- Making any necessary adjustments to the curriculum where required.
- Keeping up-to-date with any relevant statutory updates and taking action where required
- Creating and maintaining an up-to-date curriculum intent statement.

- Ensuring the curriculum is created in accordance with this policy.
- Updating and maintaining this policy.

Physical Education is monitored and evaluated through:

- Lesson observations
- Monitoring of lesson planning
- Monitoring of equipment
- Pupils Assessment data including KPIs
- Feedback from staff
- Pupil interviews/Pupil voice
- Pupil records of participation
- School Sports Council
- Pupil attendance and achievement in sporting competitions

Attendance at after school sports clubs

## **5. Health and Safety**

We recognise that participation in PE and Physical Activities contains an element of risk. It is the general teaching requirement for health and safety that applies to this subject to be taken from 'Safe Practice in Physical Education and Sport.' Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have special needs with regards to physical activity and make reasonable adjustments for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible, they should be securely taped.
- Pupils may be asked to remove shoes when participating in indoor activities such as Gymnastics and Dance.
- Correct use of equipment is taught along with any potential hazards
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- School shoes are not permitted to be worn for PE

Staff teaching PE should wear sports clothing which might include kit provided by School and also consider their own and their pupils' safety with regard to their own additional personal clothing, footwear and jewellery. We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment as necessary.

## **6. PE and School Sports Premium Funding**

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at Twelve Apostles Primary School. A breakdown of the funding and its use can be viewed on the school website.

## **7. Assessment & Recording**

Assessment is carried out by the teachers and PE Lead Teacher. Children in key stage 1 and key stage 2 will be assessed as either Emerging, Developing, Secure or Exceeding, in accordance with age-related expectations as per the assessment procedures for the curriculum areas covered. Swimming will be assessed by the swimming instructors at Howe Bridge Leisure Centre. The PE Lead will be responsible for publishing Swimming data on the school website, as per national guidance.

The progress and development of pupils within the EYFS is assessed against the early learning goals outlined in the 'Statutory framework for the early year's foundation stage'.

Class teachers utilise the KPIs completed to inform summative assessment at the end of the school year - this informs the subject leader of progress and areas to develop. This is recorded and passed on to the next teacher and subject leader. Parents are provided with an annual report in the summer term, which also states the child's attitude and attainment in PE. Verbal reports are provided at parents evening.

## **8. Participation in PE**

We aim for full participation in every PE lesson and aim to do this by:

- Ensuring reasonable adjustments are made
- Providing spare PE kit for those who need it
- A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
- The curriculum takes into consideration the range of pupils' needs to ensure continuity and progression in learning is provided and PE lessons will be suitably adapted in order to support and challenge pupils.

- Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
- Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Parental notes should be received if a child is excluded for any short or long term health reason.

### **9.Facilities available for physical activity**

On-site facilities include (*school to include*) e.g.:

- Hall – climbing bars, gymnastics mats, balance benches, box, springboard
- Playgrounds (KS1 and KS2 separate playgrounds) – are used during the day for play times, lunch times and PE, both in and out of school hours
- School field is used for break/lunchtime activities and curriculum activities during dryer seasons
- Howe Bridge Leisure Centre for all swimming lessons

### **10.Resources**

There is a wide range of resources to support the teaching of PE across the school. Most of the equipment is kept in the internal and external PE cupboards. The hall also contains a range of large apparatus for example benches. The children are expected to help to set up and put away this equipment as part of the lesson - the children then learn to handle equipment safely. The children use the school field and playgrounds for games and athletics activities, and the local swimming pool for swimming lessons.

### **11.Clothing to be worn during physical activity (before, during and after school)**

All pupils change for PE and wear the school PE kit which includes:

- Red/white t-shirt
- Black shorts
- Trainers or black PE pumps
- School shoes are not permitted to be worn
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Twelve Apostles red school sweatshirts/cardigans can be worn on top of the t-shirt during autumn/winter months.

We will always endeavour to provide spare kit for pupils who do not have their own PE kit, to ensure that children do not miss PE lessons.

### **12.Physical activity outside of the curriculum**



In addition to PE, there are a range of opportunities for physical activity throughout the school day.

### **Extra-curricular activities and clubs**

A range of after school clubs are available to pupils which are provided free of charge by the School Sports Coach or class teachers. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities. Pupils also regularly take part in a range of inter-school sports competitions.

### **Active lunchtimes**

We have zoned areas in the playground where lunchtime clubs are delivered by our school sports coach some of which are specifically targeting our non-participants. School lunchtime staff also offer different activities at lunchtimes, such as Football and skipping.

### **Sports Day**

We organise an annual multi-sport circuit Sports Day type event during the summer term. Parents and carers are welcome to attend and support their children. We have a wide range of sporting activities on the day to encourage participation and success for all children.

## **13.Inclusion**

We teach PE to all children, whatever their ability or individual needs. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching, we provide learning opportunities that enable all pupils to make good progress. PE is <sup>adapted</sup> to meet the needs of individual children taking into account their primary need, making reasonable adjustments and through adaptive teaching

Lessons will be planned to provide appropriate challenge for all pupils, to extend more able and provide appropriate levels of support in order for all pupils to make progress. A variety of teaching styles will be used to engage the variety learners, providing them with the opportunity to learn from visual, auditory and kinaesthetic activities.

## **14.Training and support for staff**

We ensure relevant staff access high quality professional development annually on PE and physical activity to keep them updated on key related issues and ensure they are confident to teach the full breadth of the curriculum. We participate in training and projects run by the LA and other organisations.

**Reviewed: Every 2 years**

**Next review date: May 2024**

Year group \_\_\_\_\_

B- below, WT- Working Towards E- Expected GD- Greater Depth

[illegible]
