LEIGH XII APOSTLES' RC PRIMARY SCHOOL
NEL PAN LANE, LEIGH, WN7 5JS

HEADTEACHER: MRS T. WHITTON BA QTS
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September 2026

Dear Parents/Carers,

The Governors at XII Apostles RCPS have adopted 'A Journey in Love', a programme to support the implementation of Relationships and Sex Education in a Christian context. The programme is taught in all years. In the Autumn term it will be introduced in Reception up to year 4 and in the Spring and Summer term will be taught in years 5 and 6.

The programme is authentic to the teaching of the Catholic Church and is intended to support teachers and parents in Catholic schools to enable the holistic growth of children. We acknowledge that parents and carers are the key persons and foremost educators for children learning about sex and relationships. Our programme should complement their role in nurturing their children's growing understanding.

A Journey in Love

This scheme explores the physical, social, emotional, intellectual and spiritual aspects of each of the following topics.

Reception – "God loves each of us in our uniqueness"

Learning Objectives- Children will know and understand that God has made them unique and that although we are all different we are special to Him.

Year 1 – "We meet God's love in our family"

Learning Objectives – Children will know and understand that they are growing and developing as members of their own family and God's family.

Year 2 – "We meet God's love in the community"

Learning Objectives – Children will know and understand that they are growing and developing in a God-given community.

Year 3 – "How we live in love"

Learning Objectives – Children will know and understand the virtues essential to friendship, eg, loyalty, responsibility...and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.

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Year 4- "God loves us in our differences"

Learning Objectives – Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

Year 5- "God loves me in my changing and development"

Learning Objective -- Children know and become aware of the physical and emotional changes that accompany puberty- sensitivity, mood swings, anger, boredom, etc. and grow further in their understanding of God's presence in their daily lives.

Year 6 -: "The wonder of God's love in creating new life"

Learning Objective -- Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

Some of the relationship and sex education sessions in Years 5 and 6 will be delivered by the external provider HH kids. Parents of children in years 5 and 6 may wish to discuss some of the themes covered in advance of the children's lessons and therefore we will invite you to a parent meeting prior to delivering the sessions.

Part of the programme is to introduce the children to the correct terminology for their body parts. This empowers children with the knowledge they need to communicate about their bodies effectively. This can be particularly important in situations where a child needs to report discomfort, pain, or inappropriate behaviour. The following vocabulary will be introduced in Year 1 and reinforced in each year group: vulva, vagina, penis, testicles, breasts, nipple, bottom and anus. The vocabulary will be taught in an age-appropriate way using the Journey in Love and NSPCC resources.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about some of the issues they will discuss in class.

If you have any queries about the content of the programme or resources used, please do not hesitate to contact your child's class teacher.

Thank you for your continued support

Mrs T. Whitton
Headteacher